



Government of India
(Ministry of Defence)
Office of the Controller of Defence Accounts
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हर एक काम देश के नाम / Har Ek Kaam Desh Ke Naam

No. AN/III/1045/IDY/2021-22

Dated: 21.06.2021.

CIRCULAR
(Through CDA, Sec-bad Website)

To,

All Sub Offices (as per standing list)

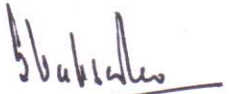
Subject: Celebration of International Day of Yoga on 21st June, 2021.

Ref: HQrs. Office Letter No. AN -Coord /3012/Yoga Diwas-2021, dated 18.06.2021

International Day of Yoga (IDY) is observed every year on 21st June, by organizing suitable programmes and activities at different levels. In this regard, with reference to the Ministry of Defence D (Welfare) ID No. 11011/03/2021-D(welfare), dated 15.06.2021 & 09.06.2021 all Officers/ staff are requested to take the Yoga Pledge **immediately** which is available online at <https://yoga.ayush.gov.in>. The following steps may be followed to take the pledge online.

1. Go to <https://yoga.ayush.gov.in>.
2. Go to 6th banner displayed as "Have taken the pledge yet?" by clicking on the 6th dot/circle displayed under the banner.
3. On the landing page, click on the "Take Pledge" button.
4. Enter the details required and click on "Proceed for language selection" button.
5. Select desire language and click on "Read Pledge" button.
6. Read the pledge and click on the "I Pledge" button.
7. Enter OTP for completion of the pledge.
8. Download the certificate by entering the OTP when required.

Compliance report in this regard may be forwarded to this section.


(S. Vatsala, IDAS)
Asst. Controller (AN)